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LING<sup>TM</sup>

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NEW YORK

Spa Menu

*With over 35 years of hands on facial experience, I devoted my passion to skin care. I have treated every type of skin and every type of client. From Hollywood A-Listers to Suburban Housewives, from East to West, young to mature, many faces have achieved beautiful, healthy radiant skin with our famous LING Skin Care Facial. With my extensive knowledge, every facial is developed with a complete approach combining an expert facial, advanced customized treatment and at-home maintenance.*

*Our LING facials effectively merge traditional Asian beauty facial techniques with State-of-the-Art ingredients and technology. Each facial is carefully developed to treat a specific skin type and condition. LING estheticians are personally trained by me to deliver the LING Complete Approach to Skin Care. We hope to offer you the most effective facial to treat your existing skin ailments while also preventing the causes of future skin mishaps from occurring.*

The logo consists of the word "Ling" written in a light blue, elegant cursive script. A horizontal line is drawn underneath the word, extending slightly beyond the left and right edges of the letters.

Ling Chan  
Founder, LING Skin Care  
since 1976

LING'S PROMISE



OVER 35 YEARS OF SKIN CARE PASSION...

1984

Ling opens her first Ling Skin Care Spa in the Crown Building at the world famous address of 57th Street and 5th avenue.



Ling is featured in a variety of magazines including Vogue, Town & Country, Harper's Bazaar, Allure and Elle.

1976

Ling Chan begins her illustrious skin care career.



1988

LING Spa opens in Union Square, New York City.



1998

Ling launches her best-selling innovative Oxygen Plasma Potion



1990

LING Spa opens in Soho, New York City.

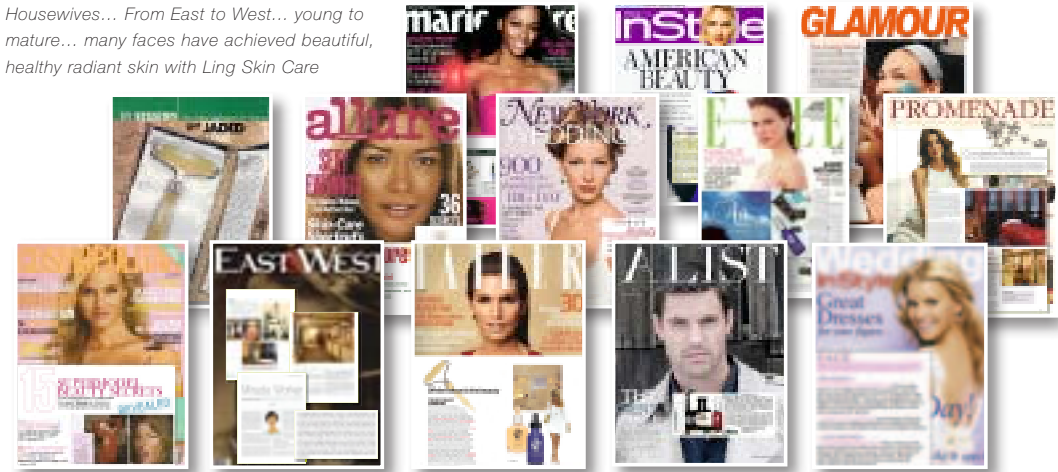
2008

Ling Skin Care debuts at Four Seasons Aviara, followed by many other 5 star luxury hotels and resort spas. Log onto [lingskincare.com](http://lingskincare.com) for a location near you.

2011

Ling debuts USDA Organic Facials

From Hollywood A-Listers to Suburban Housewives... From East to West... young to mature... many faces have achieved beautiful, healthy radiant skin with Ling Skin Care



2002

Ling debuts in Hong Kong

2008

Ling Skin Care debuts at Four Seasons Aviara, followed by many other 5 star luxury hotels and resort spas. Log onto [lingskincare.com](http://lingskincare.com) for a location near you.

2011

Ling debuts USDA Organic Facials



Ling develops her own holistic skin care line, free from skin irritants such as alcohol, mineral oil, lanolin and fragrance.

1985

Ling opens the first ever spa in Barney's New York.

1986



LING Spa opens on the Upper West Side, New York City.

1993



2000

Deemed An Asian Cosmetics Queen by B International Magazine

Ling debuts in Nottinghill, London

2004



2009

Ling launches the long awaited newly re-branded LING Complete Skin Care collection.

2010

Ling products and services are chosen for Wynn Encore Spas, in Las Vegas and Macau. Both spas are designated with Forbes 5 Star Ratings.

Proper maintenance of your skin should be a daily routine, part of a healthy lifestyle. The LING Complete Approach to Skin Care is simple and effective, allowing you to easily achieve a healthy complexion. Each element is customized to your skin condition, helping to prevent and treat your specific skin ailments to allow you to confidently present your most beautiful complexion to the world.



## THE LING COMPLETE APPROACH TO SKIN CARE

contains three essential elements to help you achieve clean and healthy skin:

- ▶ An Expert **FACIAL**
- ▶ Advanced and Customized **TREATMENT**
- ▶ **AT-HOME** Maintenance

**THE FACIAL** Every 28 days, our skin goes through a cycle of shedding and renewal. During this natural process, pores can become clogged with sebum and impurities, which can lead to the formation of whiteheads, blackheads, and acne. Clogged pores also diminish the effectiveness of skin care products by preventing vital nutrients from penetrating into the skin. Thus, it is important to have a LING Facial once a month to thoroughly extract clogged pores for optimal skin health.

**THE TREATMENTS** To achieve instant visible results, facials should be enhanced with an exfoliation and infusion treatment. Exfoliation is needed to thoroughly cleanse the skin of dead cells as well as soften impurities, allowing for easier extractions. Complexion is clearer and softened. Infusion will penetrate vital nutrition into the lower layers of the skin to increase cellular metabolism and rejuvenate complexion.

**THE AT-HOME REGIMEN** In order to maintain long lasting results, it is important that you properly take care of your skin day and night. Just like a doctor prescribing medicine, your LING Skin Care Specialist will prescribe for you a customized regimen and educate you on the benefits of each product step.

All LING Facials include a skin analysis, cleansing, exfoliation, steaming, Asian pressure point massage, extractions, Herbal Clay Clarifying Mask and a freshly blended customized Ginseng Mask to soothe and revive your complexion.

facials



## BASIC FACIAL

for all skin types

\$115

60 Minutes

A purifying facial that gently exfoliates and drenches the skin with hydration for a perfect supple, glowing result. Light extractions are performed and Imperial Chinese Jade Rollers are used to massage and infuse a custom blended Ginseng Herbal Moisturizing Mask to instantly soothe and alleviate inflammation.

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## COMPLETE SIGNATURE FACIAL

for all skin types

\$260

90 Minutes

This world renowned facial is preferred by Hollywood A-listers and runway models simply because you will finally feel your skin breathe again. The Signature Triple Peel begins with a glycolic peel and a papaya enzyme peel to digest dirt and impurities and finishes with an acid-free rescue peel. After the dead skin is removed, you will receive pore by pore extractions to remove bacteria and excess oil buildup. The Herbal Clay Clarifying Mask detoxifies the pores and Imperial Chinese Jade Rollers are used to massage and infuse a custom blended Ginseng Herbal Moisturizing Mask to instantly soothe and alleviate inflammation. Each facial concludes with a Rice Therapy Mask customized to treat your specific skin condition.

## ORGANIC ANTI-AGING CHAMOMILE FACIAL

for all skin types

\$175

60 Minutes



A luxurious anti-aging facial using only USDA Certified Organic ingredients from the purest natural sources. Organic Chamomile & Geranium is carefully selected for its natural soothing, healing, anti-oxidant and skin rejuvenation benefits. Imperial Chinese Jade Rollers are used to massage and infuse a custom blended Organic Mask to instantly soothe and alleviate inflammation. An organic facial is beneficial for wrinkles and helps counteract the effects of pollutants and sun exposure. The LING organic facial is perfect for sensitive and tired skin types. Skin is detoxified of impurities and complexion will instantly appear healthier.



# specialty facials

Specialty facials target specific skin ailments by utilizing a unique LING solution blended from concentrated high-grade ingredients. Specialty facials can also be enhanced to include the latest in skin care technology revealing even more enhanced and prolonged results.

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## PRO level 1

Utilizes gentle yet highly effective customized peels and masks.

## ADVANCED level 2

Uses non-invasive ultrasonic wave technology to help exfoliate the skin and make the infusion of LING solutions a thousand times more effective.

## ULTRA level 3

Brings you the latest innovations in anti-aging and resurfacing technologies such as Micro-Diamond Dermabrasion, Intense Pulse Light Therapy, Micro-Current Facelift, and Radio Frequency Skin Tightening.

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## DNA DO NOT AGE FACIAL for sagging contour, aging skin, fine lines and wrinkles

**PRO** \$260  
**ADVANCED** \$320  
**ULTRA** \$410

90 Minutes

**DNA ULTRA DELUXE** with Eye & Lip Exfoliating and Softening Treatment

\$490  
100 Minutes

A facial designed to defend skin against the signs of aging including premature fine lines, wrinkles and sagging facial contour. State-of-the-art ingredients are used to prevent the degeneration of the skin caused by biological and adverse environmental factors. Production of youthful cells is stimulated and facial contour is firmer.

purchase a series of six facials or treatments and receive one free

## SQUALANE NOURISH & PROTECT FACIAL

for dry skin, eczema, sensitive skin and fine lines

**PRO** \$260  
**ADVANCED** \$320  
**ULTRA** \$410

90 Minutes

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## ANTI-REDNESS VITAMIN K FACIAL

for broken capillaries, rosacea, redness, sensitive skin

**PRO** \$260  
**ADVANCED** \$320  
**ULTRA** \$410

90 Minutes

A healing facial designed to nourish and protect dry and sensitive skin. Squalane is a natural lipid that provides a moisture barrier to help skin retain hydration and soothe inflammation.

A calming solution facial designed to calm and prevent redness of the skin caused by fragile capillaries, rosacea, trauma and sensitivity. Vitamin K works to diffuse trapped blood and strengthen capillary walls to prevent recurring redness, while soothing and protecting the skin to relieve redness caused by internal and adverse environmental factors.

Union Square 212.989.8833 or Central Park West 212.877.2883 - visit us [www.lingskincare.com](http://www.lingskincare.com)

## ACNE DETOXIFYING FACIAL

for clogged pores, teenage skin, blemished skin and acne prone skin

**PRO** \$260  
**ADVANCED** \$320  
**ULTRA** \$410

90 Minutes

## C' THE DIFFERENCE ANTI-OXIDANT FACIAL

for sun damaged skin, lackluster tone, uneven skin tone, pre-mature aging

**PRO** \$260  
**ADVANCED** \$320  
**ULTRA** \$410

90 Minutes

## BRIGHT AND LIGHT CITRUS FACIAL

for uneven skin tone, acne skin, hyper-pigmentation

**PRO** \$260  
**ADVANCED** \$320  
**ULTRA** \$410

90 Minutes

An anti-bacterial solution facial designed to detoxify and clear acne prone skin. This extraction intensive facial will rid the skin of trapped impurities, black heads, white heads and clogged pores. After pores are cleaned, our renowned Oxygen Plasma will deliver high concentrated amounts of oxygen to help eliminate acne bacteria.

A concentrated vitamin C solution facial specially designed to even skin tone, provide anti-oxidant protection against free radical damage, promote collagen production and lighten pigmentation caused by overexposure to the sun.

A clarifying solution facial designed to clarify complexion, even skin tone, reduce age spots and sun spots. Botanical citrus extracts illuminate and brighten skin tone, while preventing acne bacteria build-up and reversing hyper-pigmentation formation.

## OXYGEN GLOW REJUVENATING FACIAL

for tired and stressed skin, smoker's skin, and acne prone skin

**PRO** \$260  
**ADVANCED** \$320  
**ULTRA** \$410

90 Minutes

## ADD-ONS & INDIVIDUAL TREATMENT

Choose to add on any of the following treatments to enhance the results of your facial:

### EXFOLIATING

SINGLE PEEL: \$45  
DOUBLE PEEL: \$70  
TRIPLE PEEL: \$95  
ULTRA PEEL: \$95  
QUADRA PEEL: \$190  
MICRO-DIAMOND PEEL: \$195

### TREATMENT

CUSTOMIZED RICE THERAPY MASK: \$45  
COLLAGEN MASK: \$60  
ULTRASOUND INFUSION: \$105  
PHOTO-REJUVENATION: \$195  
MICRO-CURRENT FACE LIFT: \$195  
MICRO-CURRENT NECK LIFT: \$195  
RADIO FREQUENCY FACIAL TIGHTENING: \$195

Purchase a series of six facials, treatments, and/or waxing and receive one free.



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# eyes

eye treatments can be added to any facial

## COLLAGEN EYE MASK

for dry patches, tired eyes, fine lines

\$35 15 minutes

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A concentrated dose of collagen and botanical extracts help alleviate dark circles and fine lines while promoting circulation and moisture.

## EYE & LIP EXFOLIATION AND SOFTENING TREATMENT

for fine lines, dry patches

\$70 30 minutes

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A rejuvenating treatment that leaves the eye area refreshed and the lips silky and soft.

## FIRMING EYE CONTOUR

for fine lines, droopy eyes, dark circles

\$75 30 minutes

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Ultrasonic sound waves penetrates LING Firming Eye Serum to improve elasticity and contour while reducing visible lines and preventing wrinkles. A collagen eye mask is applied for a brightened, more youthful appearance. A series of weekly treatments is highly recommended.

## BRIGHT EYES

for dark circles, puffy eyes, tired eyes

\$90 30 minutes

IPL, Intense Pulsed Light, delivers light-wave energy to promote circulation, diminish dark circles, drain fluid retention, and promote collagen and elastin production. Fine lines and wrinkles are smoothed. A collagen eye mask application reveals toned, refreshed eyes. A series of weekly treatments is highly recommended.

## DIAMOND PEEL MICRODERMABRASION EYE TREATMENT

for fine lines, dry patches

\$100 30 minutes

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Erase fine lines and wrinkles with minimal trauma to the skin. Utilizes a real diamond head to abrade the surface of the skin and invigorate cell renewal. A collagen eye mask application reveals toned, refreshed eyes.

## MICRO-CURRENT EYE LIFT

for fine lines, droopy eyes, eye bags

\$100 30 minutes

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A non-surgical, non-invasive eye-lift! This micro-current treatment re-educates the muscles around the eyes to tighten, tone and lift. A collagen eye mask application reveals toned, refreshed eyes. A minimum of 12 treatments is highly recommended for dramatic, long-lasting results.

## RADIO FREQUENCY EYE BAG TREATMENT

for fine lines, droopy eyes, eye bags

\$100 30 minutes

Radio waves radiate energy and heat to activate collagen deep in the skin tissue which produces a firming and tightening effect.

# waxing

FULL LEG \$85

UPPER THIGH \$55

BIKINI \$40

BRAZILIAN BARE \$75

BRAZILIAN \$55

FULL ARM \$70

HALF ARM OR LOWER LEG \$45

UNDERARMS \$30

BACK \$70

BUTTOCKS \$35

CHEST \$70

STOMACH \$12

SHOULDER \$40

NECK \$25

EYEBROWS \$35

FOREHEAD \$25

LIP OR CHIN \$15

PATCHES \$20

SIDEBURNS \$25

# other services

LASH TINT \$40

EYEBROW TINT \$40

LASH PERM \$80

# gift certificates

The perfect gift for that special someone. Gift certificates can be purchased for a specific service or any denomination.

# series

A series of treatments and facials are recommended for the best results. Purchase a series of six facials or treatments and receive one free.

purchase a series of six facials or treatments and receive one free

## reservations

All appointments require a valid credit card for reservation. We do our best to accommodate walk-in clients. However, to guarantee an appointment, please reserve in advance to secure the date, time and esthetician you desire.

## rescheduling, cancellation and no shows

Should you need to cancel or reschedule your appointment, please notify us 24 hours prior to your reservation. We reserve the right to charge 100% of the service price for late cancellations and no shows.

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